



Update 12/02/2025

CMAS Belgium Freediving Competition

INDOOR SENIOR CATEGORY BELGIAN RECORDS

STA	01 - STA - STATIC APNEA						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	06:59,58	Marc Frognet	Royal Woluwe CP	23/06/2019	Istanbul Ch d'Europe (TR)	Approved
	WOMEN	05:08,12	Véronique Renard	Royal Woluwe CP	12/12/2024	Woluwe(B)	Approved
DYN-50	02 - DYN - DYNAMIC WITH FIN (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	212,60	Diter Braet	Galatea	9/04/2023	Brest (F)	Approved
	WOMEN	142,00	Isabelle Gillet	Royal Woluwe CP	11/06/2016	Lignano (IT) WC	Approved
DYN-25	02 - DYN - DYNAMIC WITH FIN (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	200,00	Diter Braet	Galatea	19/03/2023	Aarschot (B)	Approved
	WOMEN	134,00	Elisabeth Schalenbourg	ScyllaDiving	17/03/2024	Aarschot (B)	Approved
DBF-50	03 - DBF - DYNAMIC WITH BIFINS (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	185,55	Arnaud Collard	Royal Woluwe CP	24/11/2024	Reims (FR)	Approved
	WOMEN	129,00	Caroline Rodriguez Gonzalez	EPSM	1/12/2024	Charleroi (B)	Approved
DBF-25	03 - DBF - DYNAMIC WITH BIFINS (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	176,87	Olivier Vilain de la Figuera	CADAS	15/06/2018	Lignano (IT) WC	Approved
	WOMEN	134,00	Elisabeth Schalenbourg	ScyllaDiving	17/03/2024	Aarschot (B)	Approved
DNF-50	04 - DNF - DYNAMIC NO FIN (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	142,48	Collard Arnaud	Royal Woluwe CP	15/06/2018	Lignano (IT) WC	Approved
	WOMEN	100,00	Isabelle Gillet	Royal Woluwe CP	8/06/2016	Lignano (IT) WC	Approved
DNF-25	05 - DNF - DYNAMIC NO FIN (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	135,45	Diter Braet	Galatea	19/03/2023	Aarschot (B)	Approved
	WOMEN	112,00	Anne-Sophie Rodriguez Gonzalez	EPSM	12/05/2024	Sint-Truiden (B)	Approved
SPE100 (2x50)	06 - SPE2X50 - SPEED 100 m (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	00:44,71	Cédric Bourgaux	Royal Woluwe CP	5/11/2016	Mulhouse (F)	Approved
	WOMEN						
SPE100 (4x25)	06 - SPE4X25 - SPEED 100 m (POOL-25m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	00:56,60	Free Duerinckx	Nautilus	17/03/2024	Aarschot (B)	Approved
	WOMEN						
SPE200 (4x50)	07 - SPE8X50 - SPEED 400 m. (8x50) (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	03:11,19	Olivier Renier	Les Diodons	8/07/2024	Belgrade WC	Approved
	WOMEN						
SPE400 (16x25)	08 - SPE16X50 - SPEED 800 m. (16x50) (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	12:38,25	Cédric Bourgaux	Royal Woluwe CP	5/11/2016	Mulhouse (F)	Approved
	WOMEN						
SPE16X25	09 - SPE16X25 - SPEED 400 m. (16x25) (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	04:51,50	Cédric Bourgaux	Royal Woluwe CP	12/11/2017	Marcq-en-Baroeul (FR)	Approved
	WOMEN	07:55,00	Elisabeth Schalenbourg	ScyllaDiving	17/03/2024	Aarschot (B)	Approved



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INDOOR MASTER 50-59 CATEGORY BELGIAN RECORDS

STA	01 - STA - STATIC APNEA						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	5:42:45	Marc Verstappen	Royal Woluwe CP	20/06/2019	Istanbul (TR)	Approved
WOMEN							

DYN-50	02 - DYN - DYNAMIC WITH FIN (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN						
WOMEN							

DYN-25	02 - DYN - DYNAMIC WITH FIN (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN						
WOMEN							

DBF-50	03 - DBF - DYNAMIC WITH BIFINS (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	176,12	Marc Verstappen	Royal Woluwe CP	21/06/2019	Istanbul (TR)	Approved
WOMEN							

DBF-25	03 - DBF - DYNAMIC WITH BIFINS (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN						
WOMEN							

DNF-50	04 - DNF - DYNAMIC NO FIN (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	138,18	Marc Verstappen	Royal Woluwe CP	19/06/2019	Istanbul (TR)	Approved
WOMEN							

DNF-25	05 - DNF - DYNAMIC NO FIN (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN						
WOMEN							

SPE100 (2x50)	06 - SPE2X50 - SPEED 100 m (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	01:02,70	Marc Verstappen	Royal Woluwe CP	01-dec-2024	Charleroi (B)	Approved
WOMEN							

SPE100 (4x25)	06 - SPE4X25 - SPEED 100 m (POOL-25m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN						
WOMEN							

SPE200 (4x50)	07 - SPE4X50 - SPEED 200 m. (4x50) (POOL-50 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	03:11,19	Olivier Renier	Les Diodons	8/07/2024	Belgrade WC	Approved
WOMEN							

SPE400 (16x25)	07 - SPE16X25 - SPEED 400 m. (16x25) (POOL-25 m.)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN						
WOMEN							



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OUTDOOR (SEA) SENIOR CATEGORY BELGIAN RECORDS

CWT	01 - CWT - CONSTANT WEIGHT WITH FIN (SEA)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	107	Sacha Porte	ScyllaDiving	31/07/2024	Dominica	Approved
WOMEN	76	Marine Simonis	Galatea	21/08/2023	Roatan CMAS WCS	Approved	

CWTBF	02 - CWTBF - CONSTANT WEIGHT WITH BIFIN (SEA)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN						
WOMEN	80	Marine Simonis	Galatea	12/10/2024	Kalamata	Approved	

CNF	03 - CNF - CONSTANT WEIGHT NO FIN (SEA)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	61	Sacha Porte	ScyllaDiving	31/07/2024	Dominica	Approved
WOMEN	64	Marine Simonis	Galatea	10/10/2024	CMAS WC Kalamata	Approved	

FIM	04 - FIM - FREE IMMERSION (SEA)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	101	Sacha Porte	ScyllaDiving	29/07/2024	Dominica	Approved
WOMEN	62	Mylène Hengen	ScyllaDiving	4/10/2022	CMAS WCS Kas, Turkye	Approved	



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OUTDOOR **MASTER 50-59** CATEGORY BELGIAN RECORDS

CWT	01 - CWT - CONSTANT WEIGHT WITH FIN (SEA)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	44	Dirk Gubbels	Jaws Freediving	3/09/2023	Riva del Garda Italie	Approved
WOMEN							

CWTBF	02 - CWTBF - CONSTANT WEIGHT WITH BIFIN (SEA)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN	42	Dirk Gubbels	Jaws Freediving	3/09/2023	Riva del Garda Italie	Approved
WOMEN							

CNF	03 - CNF - CONSTANT WEIGHT NO FIN (SEA)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN						
WOMEN							

FIM	04 - FIM - FREE IMMERSION (SEA)						
	Gender	Record	Athlete	Club	Date of Record	Place of Record	Status
	MEN						
WOMEN							